

SEPTEMBER 2021



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Water Aerobics with Lakeway Aquatic 10:00 Whole Body Fitness 1:30 Catholic Communion Service 2:30 Stay Strong with Damien 3:30 Learning Lectures with Damien from Aging is Cool 6:30 Community Movie "Sitting in Limbo"	2 10:00 Whole Body Fitness 11:00 Out on the Town! Restaurant Lunch 1:30 Resident Council 2:30 Floral Arranging 4:00 \$\$ MONEY WARS! 6:30 Community Movie "Freedom Writers"	3 10:00 Whole Body Fitness 1:30 Chair Yoga 2:30 A Spacious Place- Art Class 3:30 Relaxing Round-Up 6:30 Community Movie "Cold Mountain"	4 10:00 Group Crossword 1:00 BINGO! 2:30 Interesting TED Talks 3:30 Quick Zumba Workouts 6:30 Community Movie "Letters to Juliet"
5 10:00 Riverbend Church Service 1:30 Has Fit Seated Cardio 2:00 Cheerful Chats with the Students of Westlake High School 3:30 Sundae Social with Mt Olympus! 6:30 Community Watch Series- "Bake Squad"	6 Labor Day 10:00 Healthy for Life! 10:00 Water Aerobics with Lakeway Aquatics 1:30 Inspiring TED Talks 2:30 Music Appreciation with Marit 3:30 Labor Day Music with Brett & Rob 6:30 Community Documentary	7 Rosh Hashanah 10:00 Healthy for Life! 1:30 Group Crossword 2:30 Suncrest Hospice Music Hour 3:30 Captive Audience Concert with Bradley 6:30 Community Series: "The Crown Season 3, Episode 3"	8 10:00 Water Aerobics with Lakeway Aquatic 10:00 Healthy for Life! 1:30 Catholic Communion Service 2:30 Bible Study with Lynn Barton 3:30 Book Discussion Club with Colleen Cunningham from Westbank Library 6:30 Community Movie "Sitting in Limbo"	9 10:00 Healthy for Life! 1:30 Group Crossword 2:30 Floral Arranging 3:30 Happy Hour with Grant Cowan 6:30 Community Movie "Once Upon a Time in America"	10 10:00 Healthy for Life! 1:30 Chair Yoga 2:30 Tour of the 9/11 Museum 3:30 Did You Know? Trivia & Unusual Knowledge 6:30 Community Movie "Tears of the Sun"	11 10:00 Group Crossword 1:00 BINGO! 2:00 Paint it On My HeART 6:30 Community Movie "Generation 9/11"
12 Grandparent's Day 10:00 Riverbend Church Service 1:30 Has Fit Seated Cardio 2:30 Cheerful Chats with the Students of WLHS 3:30 Sundae Social with Matt MacDonald! 6:30 Community Watch Series- "Bake Squad"	13 10:00 Healthy for Life! 10:00 Water Aerobics with Lakeway Aquatics 1:30 Community Outreach 2:30 Music Appreciation with Marit 3:30 Discovery Health Series 6:30 Community Documentary	14 10:00 Healthy for Life! 1:30 Group Crossword 2:30 Doggy Date with Magnolia Hospice 3:30 Bunko for All 6:30 Community Series: "The Crown Season 3, Episode 4"	15 Yom Kippur Begins 10:00 Water Aerobics with Lakeway Aquatic 10:00 Healthy for Life! 1:00 Water Aerobics with Lakeway Aquatic 1:30 Catholic Communion Service 2:30 Stay Strong with Damien 3:30 Learning Lectures with Damien from Aging is Cool 6:30 Community Movie	16 10:00 Healthy for Life! 11:15 Out on the Town! Restaurant Lunch 1:30 Group Crossword 2:30 Floral Arranging 3:30 Happy Hour with Gail March! 6:30 Community Movie "Worth"	17 10:00 Healthy for Life! 1:30 Chair Yoga 2:30 A Spacious Place 3:30 Did You Know? Trivia & Unusual Knowledge 6:30 Community Movie "Nightbooks"	18 10:00 Group Crossword 1:00 BINGO! 2:30 Interesting TED Talks 3:30 Quick Zumba Workouts 6:30 Community Movie "Knives Out"

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19 10:00 Riverbend Church Service 1:30 Has Fit Seated Cardio 2:00 Cheerful Chats with the Students of Westlake High School 3:30 Sundae Social with Dan Peters! 6:30 Community Watch Series- "Bake Squad"	20 10:00 Healthy for Life! 1:00 Water Aerobics with Lakeway Aquatics 1:30 Community Outreach 2:30 Music Appreciation with Marit 3:30 Chef Chat 6:30 Community Documentary "Intelligent Trees"	21 10:00 Healthy for Life! 1:30 Captive Audience Concert with Bradley 2:30 Group Crossword 3:30 Tiny Tails Pet Therapy 6:30 Community Series: "The Crown Season 3, Episode 5"	22 Fall Begins 10:00 Healthy for Life! 1:00 Water Aerobics with Lakeway Aquatic 1:30 Catholic Communion Service 2:30 Bible Study with Lynn Barton 3:30 Book Discussion Club 6:30 Community Movie "Marie Antoinette"	23 10:00 Healthy for Life! 11:15 Out on the Town! Restaurant Lunch 1:30 Group Crossword 2:30 Floral Arranging 3:30 Happy Hour with Tracie Lynn 6:30 Community Movie "Midnight In Paris"	24 10:00 Healthy for Life! 1:30 Chair Yoga 4:00 OKTOBERFEST!!! 6:30 Community Movie "The Courier"	25 10:00 Group Crossword 1:00 BINGO! 2:30 Interesting TED Talks 3:30 Quick Zumba Workouts 6:30 Community Movie "Somethings Gotta Give"
26 10:00 Riverbend Church Service 1:30 Has Fit Seated Cardio 2:30 Cheerful Chats with the Students of WLHS 3:30 Sundae Social with Live Music! 6:30 Community Watch Series- "Bake Squad"	27 10:00 Healthy for Life! 1:00 Water Aerobics with Lakeway Aquatics 2:30 Music Appreciation with Marit 3:30 Scrabble Teams 6:30 Community Documentary	28 10:00 Healthy for Life! 1:30 Cafe Monet Art Class 2:30 Group Crossword 3:30 Bunko for All 6:30 Community Series: "The Crown Season 3, Episode 6"	29 10:00 Healthy for Life! 1:00 Water Aerobics with Lakeway Aquatic 1:30 Catholic Communion Service 2:30 Stay Strong with Damien 3:30 Learning Lectures with Damien from Aging is Cool 6:30 Community Movie "The Dressmaker"	30 10:00 Healthy for Life! 11:15 Out on the Town! Restaurant Lunch 1:30 Group Crossword 2:30 Floral Arranging 3:30 Happy Hour with Nick Adamo! 6:30 Community Movie "Premonition"		