

# SEPTEMBER 2021

THEME: \*Compassion, Caring, Community!

Assisted - Living Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>The theme for our Assisted- Living Community Calendar for the month of September is; "Compassion, Caring, Community". To learn more about the theme, please call Activity Program Coordinator Karen @ (630) 510 - 2509            *Indicates themed program</p>	<p>Program Location Legend            &gt;B Bistro            &gt;GR Great Room            &gt;L Library            &gt;LO Lounge            &gt;LOI Lounge Independent Program with other Residents</p>	<p>Program Location Legend Continued...            &gt;LOR Lounge Residents Facilitate            &gt;JK Josephine's Kitchen            &gt;TH Town Hall            &gt;THV Town Hall Video showing            &gt;3FL 3rd Floor Hallways            &gt;JKP Josephine's Kitchen Patio</p>	<p><b>1</b>            9:15 TH - Box &amp; Weights            9:45 GR - Chronicle Words            10:00 TH - Muscle/Flex            2:00 JK - Wine &amp; Cheese            3:30 3FL - Walking Fitness            6:15 LOR - Jigsaw Pictures</p>	<p><b>2</b>            9:15 TH - Strength Circuit            9:45 GR - Chronicle Find            10:00 TH - Dance Exercise            1:15 LO - Wizard Cards            1:45 TH - *Stone Soup" Watercolor            2:30 TH - Balance Class            6:15 LOR - Dominos</p>	<p><b>3</b>            9:15 TH - Therapy Flex            9:45 GR - Extra Chronicle            10:00 TH - Pump it Up Fitness            10:30 L - Rosary            1:30 L - Parkinson's Exercise            2:30 LOR - Dominos Game            6:15 GR - Piano Program w/Patrick</p>	<p><b>4</b>            9:30 TH - Group Fitness Resident Lead            10:30 LOR - Chronicle Dates            2:00 LOR - Ante Horseracing            2:30 *LO - "Stone Soup" Reading Handout            7:00 GR - X For the Win</p>
<p><b>5</b>            9:15 O - St. Marks Church (RSVP)            9:30 TVC7 - Catholic Mass            10:00 TH - Hymn Sing            2:00 LO - 9 Square Bingo            6:15 LOR - Color Art</p>	<p><b>6</b> <b>Labor Day</b>            9:15 TH - Sit &amp; Weight(s)            9:45 GR - Chronicle Crunch            10:00 TH - Flex &amp; Stretch            1:15 LO - Think Tank            2:30 TH - Communion            3:00 *"Stone Soup" Rehearsals - TH            6:15 LOR - Penny Bingo</p>	<p><b>7</b> <b>Rosh Hashanah Begins</b>            9:15 TH - Fit and Flex            9:45 GR - Chronicle Trivia            10:00 TH - Seated Volleyball            1:15 LO - Ambassadors Meeting            2:15 *Culinary 101 *Stone Soup" - B            6:15 LOR - Yahtzee</p>	<p><b>8</b>            9:15 TH - Box &amp; Weights            9:45 GR - Chronicle Words            10:00 TH - Muscle/Flex            1:00 L - Book Club            2:00 JK - Wine &amp; Cheese            3:30 3FL - Walking Fitness            6:15 LOR - Jigsaw Pictures</p>	<p><b>9</b>            9:15 TH - Strength Circuit            9:45 GR - Chronicle Find            10:00 TH - Dance Exercise            1:15 LO - Wizard Cards            2:30 TH - Balance Class            3:00 B - Creative Endeavors            6:15 LOR - Dominos</p>	<p><b>10</b>            9:15 TH - Therapy Flex            9:45 GR - Extra Chronicle            10:00 TH - Pump it Up Fitness            10:30 L - Rosary            1:30 L - Parkinson's Exercise            2:30 LOR - Dominos Game            6:15 GR - Belmont Singers</p>	<p><b>11</b>            9:30 TH - Group Fitness Resident Lead            10:30 LOR - Chronicle Dates            1:00 GR - Vowel Fill Search            2:00 LOR - Ante Horseracing            7:00 GR - X For the Win</p>
<p><b>12</b> <b>Grandparent's Day</b>            9:15 O - St. Marks Church (RSVP)            10:00 TH - Hymn Sing            11:00 - 1:00 pm Grandparents Day Luncheon            2:00 GR - Piano Program w/Mark            6:15 LOR - Color Art</p>	<p><b>13</b>            9:15 TH - Sit &amp; Weight(s)            9:45 GR - Chronicle Crunch            10:00 TH - Flex &amp; Stretch            1:15 LO - Think Tank            2:30 TH - Communion            3:00 **"Stone Soup" Rehearsals - LO            6:15 LOR - Penny Bingo</p>	<p><b>14</b>            9:15 TH - Fit and Flex            9:45 GR - Chronicle Trivia            10:00 TH - Seated Volleyball            2:00 ***"Stone Soup" Gifts for Staff (Give back to our community)- B            6:15 LOR - Yahtzee</p>	<p><b>15</b> <b>Yom Kippur Begins</b>            9:15 TH - Box &amp; Weights            9:45 GR - Chronicle Words            10:00 TH - Muscle/Flex            1:30 *Compassion, Caring, Community Recognition - Wine &amp; Cheese JK            6:15 LOR - Jigsaw Pictures</p>	<p><b>16</b>            9:15 TH - Strength Circuit            9:45 GR - Chronicle Find            10:00 TH - Dance Exercise            1:30 *Stone Garden - JKP            2:30 TH - Balance Class            4:30 ^Piano Supper Club            6:15 LOR - Dominos</p>	<p><b>17</b>            9:15 TH - Therapy Flex            9:45 GR - Extra Chronicle            10:00 TH - Pump it Up Fitness            10:30 L - Rosary            1:30 L - Parkinson's Exercise            2:30 LOR - Dominos Game            6:15 *Belmont Singers Presentation - GR</p>	<p><b>18</b>            9:00 *Alzheimer's Walk For A Cure Parade - Meet in Great Room            9:30 TH - Group Fitness Resident Lead            10:30 LOR - Chronicle Dates            2:00 LOR - Ante Horseracing            7:00 GR - X For the Win</p>
<p><b>19</b>            9:15 O - St. Marks Church (RSVP)            9:30 TVC7 - Catholic Mass            10:00 TH - Hymn Sing            2:00 GR - Hot &amp; Cole Porter Musical            6:15 LOR - Color Art</p>	<p><b>20</b>            9:15 TH - Sit &amp; Weight(s)            9:45 GR - Chronicle Crunch            10:00 TH - Flex &amp; Stretch            1:15 LO - Think Tank            2:30 TH - Communion            3:00 **"Stone Soup" Rehearsals - LO            6:15 LOR - Penny Bingo</p>	<p><b>21</b>            9:15 TH - Fit and Flex            9:45 GR - Chronicle Trivia            10:00 TH - Seated Volleyball            1:15 *Humanitarian Snack Packs - LO            2:30 TH - New Neighbors Pizza Parlor (RSVP)            6:15 LOR - Yahtzee</p>	<p><b>22</b> <b>Fall Begins</b>            9:15 TH - Box &amp; Weights            9:45 GR - Chronicle Words            10:00 TH - Muscle/Flex            1:00 LO - Book Club "Orphan Train"            2:00 JK - Wine &amp; Cheese            3:30 3FL - Walking Fitness            6:15 LOR - Jigsaw Pictures</p>	<p><b>23</b>            9:15 TH - Strength Circuit            9:45 GR - Chronicle Find            10:00 TH - Dance Exercise            1:15 LO - Wizard Cards            2:30 TH - Balance Class            3:00 *Creative Endeavors "Friendship Stones" - B            6:15 LOR - Dominos</p>	<p><b>24</b>            9:15 TH - Therapy Flex            9:45 GR - Extra Chronicle            10:00 TH - Pump it Up Fitness            10:30 L - Rosary            1:30 L - Parkinson's Exercise            2:30 LOR - Dominos Game            6:15 GR - Belmont Singers</p>	<p><b>25</b>            10:00 TH - Drumming Circle Exercise w/Alex            10:30 LOR - Chronicle Dates            1:00 GR - Vowel Fill Search            2:00 LOR - Ante Horseracing            7:00 GR - X For the Win</p>
<p><b>26</b>            9:15 O - St. Marks Church (RSVP)            9:30 TVC7 - Catholic Mass            10:00 TH - Hymn Sing            2:00 LO - 9 Square Bingo            6:15 LOR - Color Art</p>	<p><b>27</b>            9:15 TH - Sit &amp; Weight(s)            9:45 GR - Chronicle Crunch            10:00 TH - Flex &amp; Stretch            1:15 LO - Think Tank            2:30 TH - Communion            3:00 ***"Stone Soup" Rehearsals - LO            6:15 LOR - Penny Bingo</p>	<p><b>28</b>            9:15 TH - Fit and Flex            9:45 GR - Chronicle Trivia            10:00 TH - Seated Volleyball            1:30 B - Bon Appetit            2:15 TH - Resident Council            3:00 TH - Officers Meeting            6:15 LOR - Yahtzee</p>	<p><b>29</b>            9:15 TH - Box &amp; Weights            9:45 GR - Chronicle Words            10:00 TH - Muscle/Flex            2:00 JK - Wine &amp; Cheese            3:30 3FL - Walking Fitness            6:15 LOR - Jigsaw Pictures</p>	<p><b>30</b>            9:15 TH - Strength Circuit            9:45 GR - Chronicle Find            10:00 TH - Dance Exercise            1:15 LO - Wizard Cards            2:30 *Stone Soup Performance - TH            2:30 TH - Balance Class            6:15 LOR - Dominos</p>	<p>Additional Program Information            &gt;OWP Outside Weather Permitting.            &gt;ORSVP Outing Need to Reserve Seating.            &gt;(RSVP) Reserve Seating Please call Concierge @ 630 510 -1515..            &gt;TVC TV channel viewing in your room.</p>	<p>This month our Assisted- Living programming will use Jon J Muth's classic tale "Stone Soup" to encompass the theme of Compassion, Community, Caring. Residents will have opportunities to give back to community in creative ways. Themed programs will be identified with an *asterisk.</p>